



Alliance for the Prevention of Mental Disorders

4th Conference of the Alliance for the Prevention of Mental Disorders

Rendezvous Hotel Perth Scarborough, Perth, WA

Tuesday 28th November, 2023

10.30-11.00	REGISTRATION NETWORKING TEA AND COFFEE
11.00-11.05	WELCOME Professor Nicola Reavley, APMD President
11.05-11.50	SESSION 1: Priority populations (15 mins each) Chair: Professor Nicola Newton
11.05-11.20	<i>Prevention of mental health difficulties in LGBTQA+ young people</i> Dr Yael Perry
11.20-11.35	<i>Strong & deadly futures: co-designed alcohol and drug prevention for Aboriginal and Torres Strait Islander youth</i> Dr Kriscia Tapia
11.35-11.50	<i>Responding to rising tide of depression & anxiety among adolescents: Can prevention contribute?</i> Professor Maree Teesson
11.50-11.55	Break
11.55-12.50	SESSION 2: Youth and school-based research Chair: Dr Katrina Champion
11.55-12.02	<i>Prioritising the voices of young people in mental health and substance use research</i> Associate Professor Emma Barrett and the Matilda Centre Youth Advisory Board
12.02-12.09	<i>Is targeted universalism the key to school-based mental health prevention? Adapting the OurFutures Mental Health program to be trauma-informed, LGBTQ+ inclusive, and responsive to varying levels of pre-existing mental health risk and symptomatology</i> Dr Lucy Grummitt
12.09-12.16	<i>Examining the psychometric validity and mental health outcomes associated with school gender and sexuality norms within a whole student cohort of adolescents.</i> Miss Sasha Bailey
12.16-12.23	<i>Prevention in diverse contexts: Moderating effects of socioeconomic status and geographical location on the Health4Life intervention outcomes</i> Ms Lyra Egan
12.23-12.30	<i>Peer-related correlates of e-cigarette use in Australian adolescents: A cross sectional examination</i> Ms Emily Hunter
12.30-12.42	<i>Supporting Child Mental Health in Rural and Regional Primary Schools: A Mixed-Methods Analysis</i> Mr Sarthak Gandhi
12.42-12.50	Youth and school-based research: Questions
12.50 -1.30	LUNCH & AGM
1.30-2.10	SESSION 3: Community and policy approaches Chair: Professor Nicola Reavley
1.30-1.45	<i>Wellbeing in Victoria: A holistic statewide approach to preventing mental illness and promoting wellbeing</i> Ms Maja Havrilova
1.45-2.00	<i>Community attitudes to prevention</i> Dr Amy Morgan
2.00-2.10	Panel discussion
2.10-2.50	SESSION 4: Mechanisms (10mins each) Chair: Dr Lucinda Grummitt
2.10-2.20	<i>Discrimination at every turn: Understanding and addressing the social determinants of transgender depression and suicidality</i> Dr Sav Zwickl
2.20-2.30	<i>Training the cognitive substrate of successful emotion regulation benefits adolescent mental health</i> Dr Susanne Schweizer

2.30-2.40	<i>Self-compassion and interpersonal factors among adolescents: Identifying potential targets for prevention and treatment</i> Ms Kirsten Rowlinson
2.40-2.50	Break and stretching
2.50 - 3.40	SESSION 5: Interventions (10mins each) Chair: Dr Amy Morgan
2.50-3.00	<i>A meta-analytic review of "what works, where?" of digital interventions for suicide prevention across different settings</i> Ms Natasha Josiovski
3.00-3.10	A self-guided, online parenting program for parents of adolescents who refuse school: Evidence of uptake and engagement, with preliminary indications of benefit. Ms Anna Smout
3.10-3.20	<i>The W.A. Child & Adolescent Mental Health Service Multisystemic Therapy (MST) Programme.</i> Dr Mark Porter
3.20-3.30	<i>Using prospective implementation science to bridge a research-to-practice gap in responding to childhood adversity</i> Ms Grace Aldridge
3.30-3.40	<i>There's already an app for that! Shifting focus to engagement and implementation to improve the real-world impact of mental health apps among young people</i> Dr Louise Thornton
3.50-4.00	ARH-APMD AWARDS & CONCLUDING REMARKS Professor Nicola Newton, APMD Vice-President
4.00 – 6.00	NETWORKING DRINKS – THE LOBBY BAR, RENDEZVOUS HOTEL PERTH SCARBOROUGH Cash Bar
CLOSE	