



Alliance for the Prevention of Mental Disorders

APMD Symposium 2018: Optimising prevention of mental disorders Sofitel Noosa, 14-16 Hastings St, Noosa Heads, Noosa, QLD 4567 Tuesday 27 November 2018

10.30-11.00	REGISTRATION
11.00-11.05	WELCOME Associate Professor Nicola Reavley, APMD President
11.05-11.25	Professor Helen Christensen and Jaelea Skehan The Prevention Hub: Australia's first and largest integrated research initiative into the prevention of anxiety and depression
11.25-11.45	Dr Stephen Carbone Building a better Australian population mental health system: what's needed?
11.45-12.00	Dr Lauren Gardner The Health4Life Initiative: An eHealth program to concurrently target six key lifestyle risk factors among secondary school students
12.00-12.15	Ms Erin Kelly A novel approach to bullying intervention: Personality-targeted intervention for adolescent victims and bullies
12.15-12.30	Dr Alexandra de Young Preventing posttraumatic stress in young children: Results from two randomized controlled trials conducted in Australia and Switzerland
12.30-12.45	Dr Cath Chapman Cracks in the Ice: An online toolkit providing trusted, evidence-based, and up-to-date information and resources about crystal methamphetamine (ice) for the Australian community
12.45-1.00	Mr Lachlan Kent Consciousness: What does it mean for prevention?
1.00 -2.00	LUNCH
2.00-2.20	Professor Cathy Mihalopoulos The economic case for prevention
2.20-2.40	Associate Professor Alison Calear Preventing depression in final year secondary students: Evaluation of the SPARX-R online depression prevention program.
2.40-2.55	Ms Annalise Healy Healthy, Wealthy and Wise: The long-term effectiveness of a combined prevention model for anxiety, depression and substance use in adolescents
2.55-3.15	Associate Professor Tim Slade Peer influence or peer selection: uncovering the impact of friendship networks on the emergence of alcohol use attitudes and behaviours across adolescence
3.15-3.30	Dr Erin Hoare and Professor Felice Jacka Preventing mental illness among young people: opportunities emerging from systems-based obesity prevention interventions
3.30-3.55	Professor Maree Teesson Introducing PREMISE: An NHMRC Centre of Research Excellence in the Prevention and Early Intervention of Mental Illness and Substance Use
3.55-4.00	CONCLUDING REMARKS Associate Professor Nickie Newton, APMD Vice-President
4.00	CLOSE